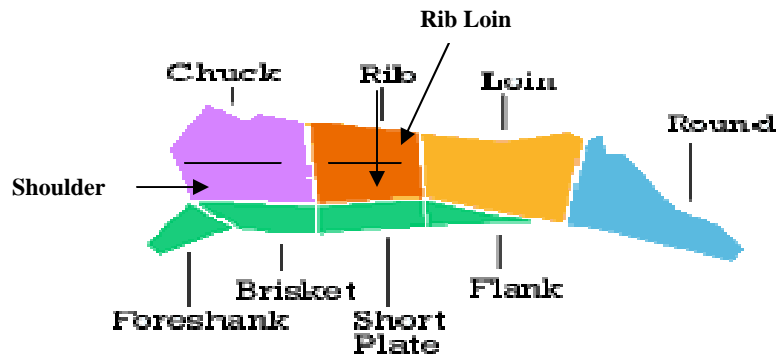


# Beef Cuts



**Chuck:** Chuck Roast, Chuck Steaks, or ground beef.

**Shoulder:** Shoulder Roast(AKA as arm pot roast), Shoulder Steaks, or ground beef.

**Rib Loin:** Ribeyes, Rib Steak, or Rib Roast

**Rib Plate** (lower red square): short ribs or ground beef

**Loin:** T-Bone Steaks(also available is NY Strip or Fillet Mignon) and Sirloin Steaks

**Round:** Round Steaks, cube steaks(minute steaks), Round Steaks tenderized, Rolled Rump Roast, Sirloin Tip, Sirloin Roast, Sirloin Steak, or ground beef

**Flank:** Flank Steak, Stew Beef, or ground beef

**Short Plate:** Stew Beef or ground beef

**Brisket:** Brisket, Stew beef or ground beef

**Foreshank:** Soup meat(soup bones) or ground beef